

Fast Facts

About Suicide



- Suicide is the **10th leading cause of death** in the US.
- On average, there are **132 suicides** per day.
- In 2018, **firearms accounted for 50.57%** of all suicide deaths.
- Suicide is the **2nd leading cause of death** for ages 10–34.
- **10.3%** of Americans have **thought about suicide**.
- **54%** of Americans have been **affected by suicide**.
- **90%** of those who died by suicide had a diagnosable **mental health condition** at the time of their death.
- Suicide **attempts rose 73%** between 1991 and 2017 among Black high school students. (*source*)
- White youth still die by suicide at a higher rate, but the rate of **black youth suicide is increasing faster** than any other racial or ethnic group. (*source*)
- Since the start of the COVID-19 pandemic, a crisis mental health **hotline has seen an 891% spike** in calls. (*source*)



Source:
American Foundation for Suicide Prevention

[counseling.org](https://www.counseling.org)